

# Pisker Family Chiropractic & Wellness Center

## CHILDREN'S HEALTH HISTORY FORM

Today's Date \_\_\_\_\_

### ABOUT THE CHILD

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Gender ☐ M ☐ F Height \_\_\_\_\_ Weight \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Names and Ages of Siblings \_\_\_\_\_

Parent A	Parent B
Name _____	Name _____
Home phone (_____) _____	Home phone (_____) _____
Cell phone (_____) _____	Cell phone (_____) _____
Employer _____	Employer _____
E-mail _____	E-mail _____

Whom may we thank for referring you to our office? \_\_\_\_\_

### REASON FOR SEEKING CHIROPRACTIC CARE

What concerns do you feel Premier Chiropractic can address for your child?

\_\_\_\_\_

Related to: ☐ Sports ☐ Auto ☐ Fall ☐ Chronic ☐ Home Injury ☐ Other \_\_\_\_\_

Please describe how these concerns are affecting your child's quality of life. \_\_\_\_\_

\_\_\_\_\_

Check any being affected

<input type="checkbox"/> School	<input type="checkbox"/> Exercise/Sports	<input type="checkbox"/> Walking
<input type="checkbox"/> Playing	<input type="checkbox"/> Sleep	<input type="checkbox"/> Attention/Focus
<input type="checkbox"/> Communication	<input type="checkbox"/> Eating	<input type="checkbox"/> Daily Routine

### EXPECTATIONS OF CARE

I would like my child to experience the following benefits from Chiropractic Care:

Check all that apply

- ☐ Symptomatic relief of pain or discomfort
- ☐ Correction of the cause of the problem as well as relief of symptoms
- ☐ Prevention of future problems
- ☐ Healthier spine and nerve system
- ☐ Optimal health on all levels
- ☐ OTHER \_\_\_\_\_

## PREGNANCY & BIRTH

During pregnancy, did the mother:

- ☐ Experience any significant illnesses, difficulties, or trauma? \_\_\_\_\_  
☐ Take any drugs/medications? \_\_\_\_\_  
☐ Smoke or consume alcohol? \_\_\_\_\_

☐ Home birth      ☐ Hospital birth      ☐ Vaginal      ☐ Water birth      ☐ Caesarean

Was the delivery premature? ☐ No ☐ Yes Weeks \_\_\_\_\_ Weight \_\_\_\_\_

Approximately how long did labor last? \_\_\_\_\_ Hours

Was labor artificially induced? ☐ No ☐ Yes \_\_\_\_\_

Was it determined that the child was breech or otherwise malpositioned? ☐ No ☐ Yes \_\_\_\_\_

The birth process can be traumatic to a baby's spine and cause interference to the nervous system. Please check which, if any, of the following were administered during labor and birth.

- ☐ Epidural      ☐ Forceps      ☐ Vacuum      ☐ Medications \_\_\_\_\_  
☐ Pitocin      ☐ Episiotomy      ☐ Manual traction of the neck \_\_\_\_\_

Please check all that apply to the baby's status immediately after birth:

- ☐ Jaundice      ☐ Respiratory problems      ☐ Broken bones \_\_\_\_\_  
☐ Feeding problem      ☐ Displaced joints      ☐ Other conditions \_\_\_\_\_

APGAR Score \_\_\_\_\_

Was the baby breastfed? ☐ No ☐ Yes For how long? \_\_\_\_\_

## CHEMICAL STRESS

Chemical stresses can occur when a substance that is toxic to the body is breathed, injected, taken by mouth, or comes into contact with the skin. The following will reveal exposures your child may have experienced.

Have you chosen to vaccinate your child? ☐ No ☐ Yes.

If yes, please check all vaccinations the child has received and at what age they were administered:

- ☐ DPT \_\_\_\_\_      ☐ MMR \_\_\_\_\_      ☐ Other \_\_\_\_\_  
☐ Polio \_\_\_\_\_      ☐ Chicken Pox \_\_\_\_\_  
☐ Hepatitis \_\_\_\_\_      ☐ Flu \_\_\_\_\_

Please describe any and all reactions to vaccine(s) \_\_\_\_\_

Please check all that apply and give any necessary details:

- ☐ Child exposed to second hand smoke.  
☐ Has taken antibiotics. Explain \_\_\_\_\_  
☐ Currently taking medication. Explain \_\_\_\_\_  
☐ Currently taking supplements. Explain \_\_\_\_\_  
☐ Has allergies. Explain \_\_\_\_\_  
What treatments have you used? \_\_\_\_\_

## PHYSICAL STRESS: INFANCY & CHILDHOOD

Please check all that apply to your child and give any necessary details:

- ☐ Uncoordinated/Accident prone. \_\_\_\_\_
- ☐ Has been hospitalized. \_\_\_\_\_
- ☐ Had a severe trauma. \_\_\_\_\_
- ☐ Been in an automobile accident. \_\_\_\_\_
- ☐ Has fractured a bone or dislocated a joint. \_\_\_\_\_
- ☐ Has/had a chronic illness. \_\_\_\_\_
- ☐ Has had surgery. \_\_\_\_\_

What physical activities does your child participate in? \_\_\_\_\_

## EMOTIONAL STRESS

It is difficult to separate the emotional stress in our life from the physical response that often occurs. Please indicate if your child has ever or is currently experiencing any of the emotional stresses below:

- |  |  |  |                                      |
|--|--|--|--------------------------------------|
| <input type="checkbox"/> Academic pressure | <input type="checkbox"/> Loss of a loved one | <input type="checkbox"/> Bullying      | <input type="checkbox"/> Relocation  |
| <input type="checkbox"/> Lifestyle change  | <input type="checkbox"/> Parents' divorce    | <input type="checkbox"/> Loss of a pet | <input type="checkbox"/> New sibling |

Does your child have difficulty interacting with schoolmates or friends? ☐ Yes ☐ No

Have you or anyone else noticed that your child is nervous, twitches, shakes, or exhibits rocking behavior? ☐ Yes ☐ No

## HEALTH CARE PRACTITIONER HISTORY

Has your child ever received chiropractic care? ☐ Y ☐ N Name of D.C. \_\_\_\_\_

Reason \_\_\_\_\_ How long? \_\_\_\_\_ Date of last visit \_\_\_\_\_

Why was care stopped? \_\_\_\_\_

Have you consulted or do you regularly consult any of the following providers for your child?

- |                      |  |  |  |                                    |
|----------------------|--|--|--|------------------------------------|
| Check all that apply | <input type="checkbox"/> Medical Physician | <input type="checkbox"/> Naturopath      | <input type="checkbox"/> Acupuncturist | <input type="checkbox"/> Homeopath |
|                      | <input type="checkbox"/> Massage Therapist | <input type="checkbox"/> Psychotherapist | <input type="checkbox"/> Energy Healer | <input type="checkbox"/> Other     |

Reason \_\_\_\_\_

**FAMILY HEALTH HISTORY**  
THIS FORM IS TO ASSIST THE DOCTORS BY PROVIDING PAST HEALTH HISTORY INFORMATION  
FOR THEIR REVIEW.

Please print your child's name here \_\_\_\_\_

Date \_\_\_\_\_

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIABETES					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					
OTHER					
OTHER					
OTHER					



## Practice Member Information (Must be Completed Before Services Can Be Rendered)

CHILD'S NAME: \_\_\_\_\_  
FIRST MIDDLE LAST

SOCIAL SECURITY NUMBER: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

CONTACT IN CASE OF EMERGENCY: \_\_\_\_\_ Phone #: \_\_\_\_\_

NAME OF PRIMARY INSURANCE CARRIER: \_\_\_\_\_

Name of Insured \_\_\_\_\_ Insured Date of Birth \_\_\_\_\_

Insured Social Security Number \_\_\_\_\_

NAME OF SECONDARY INSURANCE CARRIER: \_\_\_\_\_

Name of Insured \_\_\_\_\_ Insured Date of Birth \_\_\_\_\_

Insured Social Security Number: \_\_\_\_\_

### Insurance Policies and Fee Schedule

- **Consultation**- includes practice member history. This service is complimentary
- **Assessment (new or established practice member)** - includes one or more of the following: postural evaluation, range of motion, orthopedic / neurological exam, motion and/or static palpation, leg check.
- **Chiropractic Adjustment**- The actual re-alignment of the vertebra done by hand or instrumentation. Often a sound will be heard, but if there is no auditory result, it does not mean that the adjustment has not taken place.
- **X-rays**- Specific x-ray views taken of your spine to determine a misalignment/subluxation of your vertebrae. These can also be used to indicate progress after period of care.

\*Fee's for services vary depending on the individual's needs and recommendations.

### Release of Authorization/Assignment of Benefits

I authorize and request payment of insurance benefits directly to **Stephen A. Pisker, DC**. I agree that this authorization will cover all services rendered until I revoke the authorization. I agree that a photocopy of this form may be used in place of the original. All professional services rendered are charged to the patient. It is customary to pay for services when rendered unless other arrangements have been made in advance. I understand that I am financially responsible for charges not covered by this assignment.

Signed \_\_\_\_\_

Date \_\_\_\_\_

### Terms of Acceptance

In order to provide for the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-patient relationship, it is our wish to provide each patient with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following point regarding chiropractic care and the services that are offered through this clinic:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve processes.
- C. The chiropractic adjustment process, as defined in the law of this jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe, effective procedure applied over one million times each day by doctors of chiropractic in the United States alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive a prompt referral to an appropriate provider or specialist, according to the initial indications of the need.
- E. Chiropractic does not seek to replace or compete with your medical, dental or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care, etc., is essential to maximum healing and optimal health through chiropractic.
- G. We invite you to speak frankly to the doctor on any matter related to your care at this facility, its nature, duration, or cost, in what we work to maintain as a supporting, open environment.

By my signature below, I have read and fully understand the above statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

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(Signature of Parent/ Guardian)

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(DATE)

I consent to receive communication from PC via email, postal mail, text and telephone messaging in connection with my care. ☐ Yes ☐ No If I should withdraw my consent, I will notify the office in writing.

I consent to my name (first name, last initial) being posted on the Referral Board when I refer a new patient to PC. ☐ Yes ☐ No If I should withdraw my consent, I will notify the office in writing.

### **Notice of Privacy Practices Acknowledgement**

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclosed to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

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(Signature of Parent/ Guardian)

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(DATE)

## Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care. We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an "arterial dissection" that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke. The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, the incidence of hospital admission attributed to aspirin use from major GI events of the entire (upper and lower) GI tract was 1219 events/ per one million persons/year and risk of death has been estimated as 104 per one million users. It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit. I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_